



Nirmala Memorial Foundation College of Commerce and Science

**Permanently Affiliated to University of Mumbai
Accredited by NAAC, ISO 9001-2015 Certified
Recognised under section 2(f) & 12(B) of the UGC Act 1956**

D.S. Road, Asha Nagar, Thakur Complex, Kandivali (East), Mumbai – 400 101. Tel.: 022 69436400

3.4

Extension Activities



Nirmala Memorial Foundation College of Commerce and Science

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3.4.3

**Photographs and other supporting
documents of extension and outreach
programs**



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3.4.3

3.4.3.1. Number of extension and outreach programs conducted by the institution through organized forums including NSS/NCC with involvement of community during the last five years.

Index

Sr. No.	Particular	Link
1	Outreach Program Count	Click Here
2	List of Outreach Activities conducted during the last five years	Click Here
3	Photos of Outreach Activities Year Wise <ul style="list-style-type: none">2018-192019-202020-212021-222022-23	Click Here

3.4.3.1: Number of extension and outreach Programs conducted in collaboration with industry, community and non - government organization through NSS/NCC etc., year wise during the last five years

Year	2018-19	2019-20	2020-21	2021-22	2022-23
Number	27	45	15	19	31

**List of Outreach Activities conducted
during the last five years**

Year	Sr.No	Name of the activity	Organising unit/ agency/ collaborating agency	Name of the scheme	Number of students participated in such activities
2018- 19	1	Pulse polio immunization	BMC	NSS	24
	2	Beach cleaning	Kushiya Foundation	NSS	15
	3	Blood Donation Camp	Lions club and Meenatai Thackery Blood bank	NSS	80
	4	AIDS awareness campaign	RRC - MDAC	NSS	2
	5	Share with care for Kolhapur relief fund	Goonj NGO	NSS	15
	6	Visit to old age home	Nityanand Orphanage	NSS	15
	7	Visit to orphanage	Nityanand Orphanage	NSS	15
	8	Teaching at slum on daily basis	Poisar, Kandivali - E	NSS	80
	9	Paper and cloth bag making and distribution	Thakur College	NSS	70
	10	Session on blind faith for Ashram School	ANIS	NSS	10
	11	Distribution of stationery, games and clothes	Belvadi	NSS	20
	12	Computer literacy training	Bhakti vedant hospital and research centre	NSS	15
	13	Tree Plantation at Manori	Manori	NSS	10
	14	Distribution of Solar lamps and fans	Belvadi, Palghar	NSS	20
	15	Soak Pit and Bandara	Belvadi, Palghar	NSS	25
	16	Traffic controlling during Ganpati Visarjan	Samta Nagar Police station	NSS	60
	17	Road Safety week celebration	Thakur Complex	NSS	20
	18	Rakshabandhan celebration	Blind home	NSS	15
	19	Distribution of 6 water wheels to Adivasis of Asangaon and 2 water purifier at Palghar	Lions club of Mahavir Nagar	NSS	18
	20	Skit Performance	Thakur Complex	NSS	10
	21	Cleanliness drive	Beach warriors	NSS	15
	22	Distribution of trees	Belvadi, Palghar	NSS	10
	23	Rally for Anti-tobacco Campaign	Thakur Complex	NSS	80
	24	Collection of Plastic	Bisleri	NSS	20
	25	Stem cell donor registry	MDRI	NSS	25
	26	Poster making competition	College campus	NSS	10
	27	Seminar on Healthy Diet Habits	College Auditorium	WDC	60

Year	Sr.No	Name of the activity	Organising unit/ agency/ collaborating agency	Name of the scheme	Number of students participated in such activities
2019 - 20	1	Poisar Teaching	Poisar area	NSS	100
	2	Teaching hygiene habits to street children	Dattani Park	NSS	90
	3	Dattani Survey	Dattani Park	NSS	85
	4	Polio Immunization Drive	BMC	NSS	8
	5	Health And Hygiene Skit	Kasturba Hospital	NSS	9
	6	Saksham Project	Poisar	NSS	25
	7	Hanuman Jayanti Volunteering	P.P.Gagangiri Ashram, Manori	NSS	8
	8	Beach Cleaning	Juhu Chowpatty	NSS	6
	9	Avhaan Camp	University of Mumbai	NSS	1
	10	World Vitiligo Day	Aarus Foundation	NSS	7
	11	Share With Care Drive	College	NSS	5
	12	Donation of old clothes, stationery, toys at Malad	Appapada, Malad	NSS	10
	13	Tree Plantation	Manori	NSS	20
	14	Street Play Competition	Streets of Thakur Complex	NSS	10
	15	Thanksgiving Day	Borivali	NSS	20
	16	Raksha Bandhan Celebration	Blind home	NSS	14
	17	Ganpati Immersion (Crowd Controlling)	Samta nagar police station	NSS	10
	18	Survey of Women's Status in Society	Thakur complex and village, Kandivali	DLLE	25
	19	Skit on Gender Sensitization	Aarus Foundation	NSS	4
	20	Street Play On Tuberculosis	Streets of Thakur Complex	NSS	5
	21	Session On Girls Hygiene	BMC School, Samta Nagar, Thakur Complex	NSS	2
	22	Road Safety Awareness	Thakur Complex	NSS	50
	23	Cloth Bag On Exchange Of Plastic	Poisar, Kandivali - East	NSS	14
	24	Visit to Orphanage	Nityananda Orphanage	NSS	15
	25	Visit to Oldage home	Citizen Welfare	NSS	15
	26	Plastic Mukta Kalina	University of Mumbai	NSS	11
	27	Blood Donation Camp	Lions club & Meenatai Thackery Blood bank	NSS	58
	28	Traffic Controlling (Voting)	Samta Nagar, Thakur Complex	NSS	22

Year	Sr.No	Name of the activity	Organising unit/ agency/ collaborating agency	Name of the scheme	Number of students participated in such activities
	29	Donation Of Chunri	Goonj NGO	NSS	4
	30	Diwali Celebration	Anam Prem Foundation	NSS	2
	31	Bhai Dooj	Anam Prem Foundation	NSS	5
	32	Participation in Udaan – University Level Competition	University of Mumbai	DLLE	10
	33	Childrens Day Celebration (Poisar And Roti Ghar)	Roti Ghar NGO	NSS	6
	34	Wall Painting	Z.P.School, Belvadi	NSS	15
	35	Share with care	College and Belvadi Village at Palghar	NSS	10
	36	Bandara Making	Belvadi Village at Palghar	NSS	50
	37	Soak pit making	Belvadi Village at Palghar	NSS	15
	38	Session on Blind faith for villagers	Belvadi Village at Palghar	NSS	10
	39	Session for women associated with SHG	Belvadi Village at Palghar	NSS	5
	40	Paper Bag Demonstration	College campus	NSS	90
	41	Plastic Collection In College	Bisleri	NSS	50
	42	Poster Making	College campus	NSS	1
	43	Donation for Kolhapur Relief	College campus	NSS	6
	44	Webinar on Gender equality and COVID 19	Online	WDC	80
	45	Stem cell donor registry	MDRI	NSS	17
2020- 21	1	Ration for 1 month was provided to 10 families	Belvadi Village at Palghar	NSS	7
	2	Around 25 blankets were distributed to underprivileged children.	Sai dham, Kandivali East	NSS	4
	3	Around 50 kg of plastic was submitted to Bisleri company under project "Bottles for Change".	Bisleri Company	NSS	8
	4	3 volunteers were involved in teaching 5 students from Palghar district over the phone	Seva Foundation	NSS	3
	5	Volunteers were involved in feeding stray animals and made shelter for them.	Borivali	NSS	1

Year	Sr.No	Name of the activity	Organising unit/ agency/ collaborating agency	Name of the scheme	Number of students participated in such activities
	6	Volunteers planted trees in their society	Andheri to Mira Road	NSS/DLLE	15
	7	Coconut Collection during Navratri	Gorrai Beach	NSS/DLLE	7
	8	Poster Making on Social Awareness	Social networking sites	NSS	5
	9	Food Distribution during Covid-19	Thakur complex	NSS	1
	10	Wall Painting	Kandivali	NSS	15
	11	100 masks were made by volunteers and same were distributed to needy	Virtually	NSS	14
	12	Videos were made about how to wash hands and making of sanitizer at home	Virtually	NSS	10
	13	Posters spreading awareness about COVID -19 was uploaded on social networking sites	Virtually	NSS	18
	14	Home Made Sanitizer	Virtually	NSS/DLLE	3
	15	Covid-19 Awareness Videos	Virtually	NSS/DLLE	8
2021-22	1	Skits on social issues	Streets of Thakur Complex	NSS	12
	2	Setting of library in adopted village	Belvadi village, Palghar	DLLE	50
	3	Medical Check up camp	Belvadi village, Palghar	NSS	25
	4	Soak pits	Belvadi village, Palghar	NSS	15
	5	Women's day (Sanitary Pad Distribution)	Inner wheel club	NSS/DLLE	15
	6	Rakshabandhan Celebration	Police force	NSS/DLLE	15
	7	Beach cleaning	Juhu beach	NSS/DLLE	20
	8	Tree Plantation (02)	Ramgad	NSS/DLLE	10
	9	Cloth bag distribution	Thakur Complex, Kandivali	NSS	12
	10	Haldi KumKum Celebration	Kalmacha Pada	NSS	16
	11	Visit to Nature Conservation Project	Kalmacha Pada, Ramgad	Nature's club	10
	12	Feeding stray dogs	Borivali	NSS	2
	13	Marathi Divas Celebration	Belvadi Village, Palghar	NSS	15
	14	School Gardening	Belvadi Village, Palghar	NSS	10

Year	Sr.No	Name of the activity	Organising unit/ agency/ collaborating agency	Name of the scheme	Number of students participated in such activities
	15	Vaccination Drive (03)	BMC	NSS	25
	16	Making and distribution of Paper bags	Virtually	NSS	15
	17	Plastic collection for Recycling	Bisleri Company	NSS	10
	18	Share with care	College campus	NSS	15
	19	E - Waste Collection	THRECO	Nature's club	10
2022 - 23	1	Skits on social issues	Streets of Thakur Complex	NSS	30
	2	Wall Painting	Z.P.School, Palghar	NSS	30
	3	Poisar Teaching	Poisar, Thakur Complex	NSS	100
	4	Setting up of toy library	Z.P.School, Palghar	NSS	35
	5	Plastic collection for Recycling	Bisleri Company	NSS	40
	6	Placing tree guard	Z.P.School, Palghar	NSS	10
	7	Rakshabandhan Celebration	Don Bosco Boys Home	NSS	15
	8	Beach Cleaning (02)	Juhu Beach	NSS/DLLE	70
	9	Tree Plantation (02)	Ramgad	NSS/DLLE	25
	10	Crowd controlling during Ganpati Visarjan	Samta Nagar Police Station	NSS	50
	11	Distribution of grocery, eatables, clothes and stationery (02)	Aappapada, Malad	NSS	15
	12	Blood Donation Camp	Lions club & Meenatai Thackery Blood bank	NSS	80
	13	Leadership Training Camp	NSS Cell, University of Mumbai	NSS	2
	14	Medical Check up Camp	Saphale	DLLE	15
	15	Volunteered for TATA Marathon in collaboration with Child Help Foundation	BKC	NSS	35
	16	UDAAN Festival	University of Mumbai	DLLE	20
	17	Bone Marrow Registry Drive	MDRI	NSS	20
	18	Making and distribution of Paper bags	College	NSS	40
	19	Share with care	College campus	NSS	25
	20	Home Gardening	Inner wheel club	EDC	50
	21	Cloth bag distribution	College campus	NSS	10
	22	E - Waste Collection	THRECO	Nature's club	30

Year	Sr.No	Name of the activity	Organising unit/ agency/ collaborating agency	Name of the scheme	Number of students participated in such activities
	23	Kitchen waste compost	Mini Auditorium	Nature's club	25
	24	Exhibition	I am able	DLLE	4
	25	Rakhi Exhibition cum sale	Asmita Foundation	WDC	12
	26	Seminar on Awareness on Menstrual Products	Innerwheel Club	WDC	50
	27	Workshop on self defense	College basement	WDC	40
	28	Seminar on Health and Hygiene	Mini auditorium	WDC	50
	29	Diya selling and Decoration	College basement	DLLE	10
	30	Selling and making of Farbic Jewellery	College basement	DLLE	5
	31	Sneha Milan	College Auditorium	DLLE	30

Photos of Outreach Activities Year Wise

Outreach Extension Activities 2018 - 19



**Pulse polio immunization
18th July 2018**



**Beach Cleaning
12th August 2018**



**Blood Donation Camp
13th August 2018**



**AIDS awareness campaign
1st December 2018**



**Share with care for Kolhapur relief fund
15th October 2018**



**Visit to Orphanage
18th August 2018**



**Donation of Massage Chair to Nityanand old age home
18th July 2018**



**Teaching at slum on daily basis at Poisar
Conducted on daily basis**



**Paper bag distribution at Thakur Complex
16th August 2018**



**Share with care
10th November 2018**



**Computer literacy training
10th November 2018**



**Traffic controlling during Ganpati
14th, 17th and 20th September 2018**



**Construction of Soak Pit at Belwadi
6th to 12th January 2019**



**Bandara Making at Belvadi Village
6th to 12th January 2019**



**Performing skit on Social Issues
20th December 2018**



**Celebration of Road Safety Week
18th November 2018**



**Distribution of trees
6th to 12th January 2019**



**Rally on Tobacco Addiction
3rd October 2018**



**Distribution of 6 water wheels to Adivasis of Asangaon and 2 water purifier at Palghar
18th May 2019**



**Rakshabandhan celebration with Blind home
20th August 2018**



**Distribution of Solar lamps
16th July 2018**



**Plastic collection drive in collaboration with Bisleri
Regular activity throughout the year**



**Stem Cell Registry Drive
21st January 2019**



**Poster Making Competition
20th September 2018**



**Seminar on Healthy Diet Habits
8th March 2019**

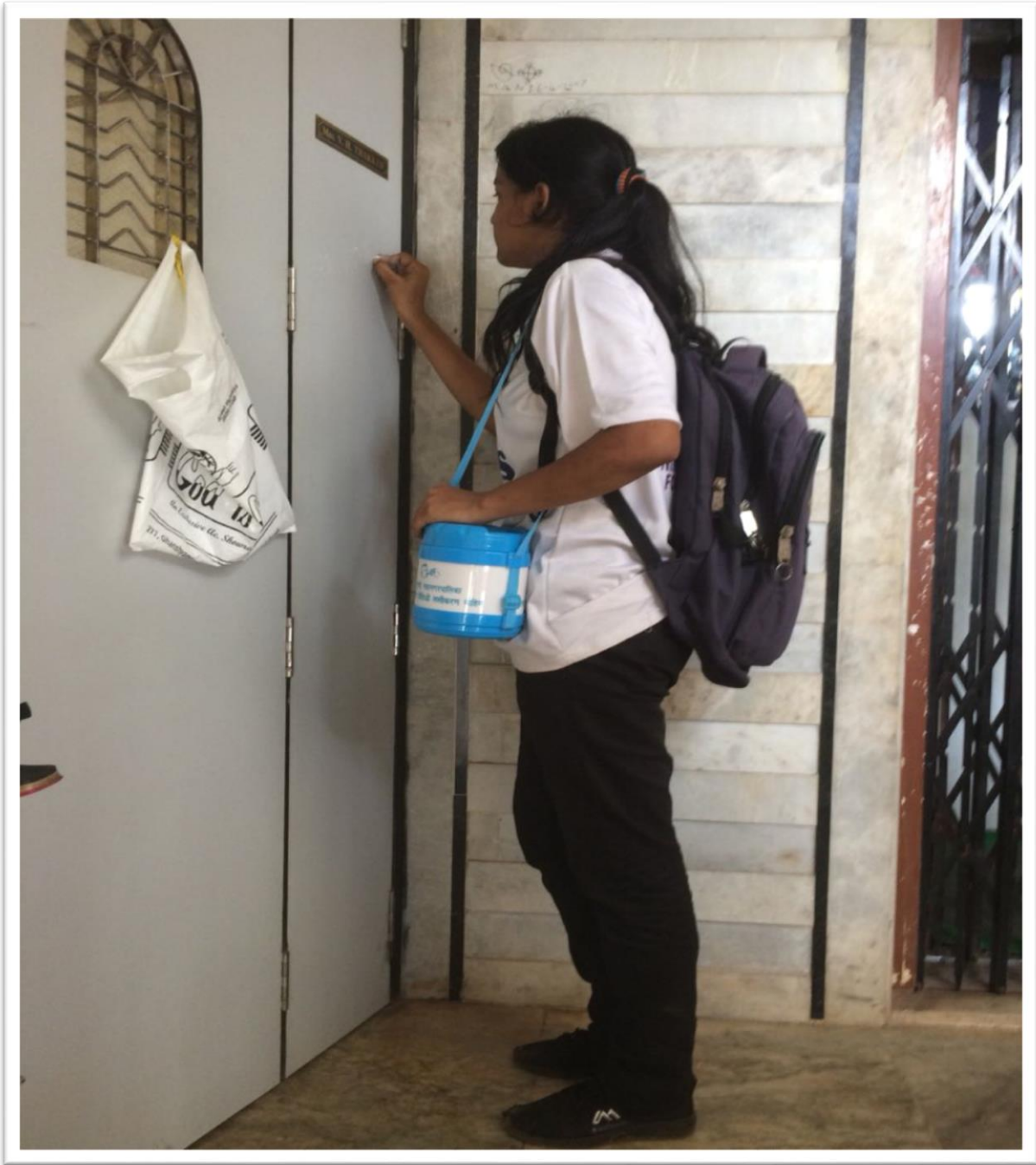
Outreach Extension Activities 2019 - 20



**Poisar Teaching
Conducted on daily basis**



**Teaching hygiene habits to street children
Conducted on daily basis**



**Polio Immunization Drive
20th July 2019**



**Skit on Health and Hygiene
21st August 2019**

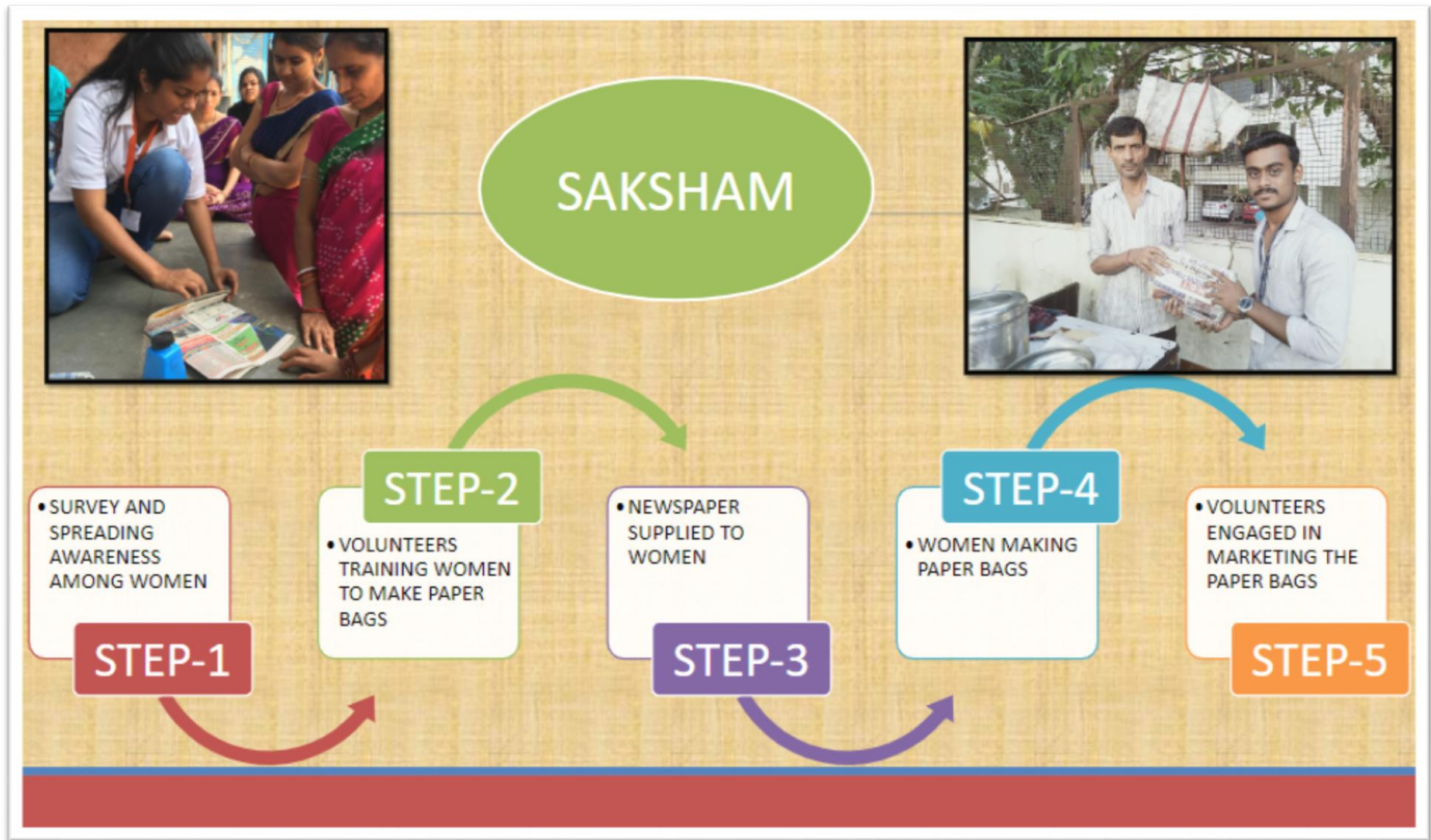


**Beach cleaning
23rd August 2019**



**World Vitiligo Day Celebration
26th June 2019**

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**Project Saksham
Conducted on daily basis**



**Thanks giving to Class 4 employees
15th August 2019**



**Collection and Donation of Chunri
18th November 2019**

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NSS - Rakshabandhan Celebration with special children

18th August 2019

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**Mr. Atharv Parab at Avhaan Camp
10th May 2019**



**Tree Plantation at Manori
5th June 2019**



Blood Donation Camp
25th July 2019



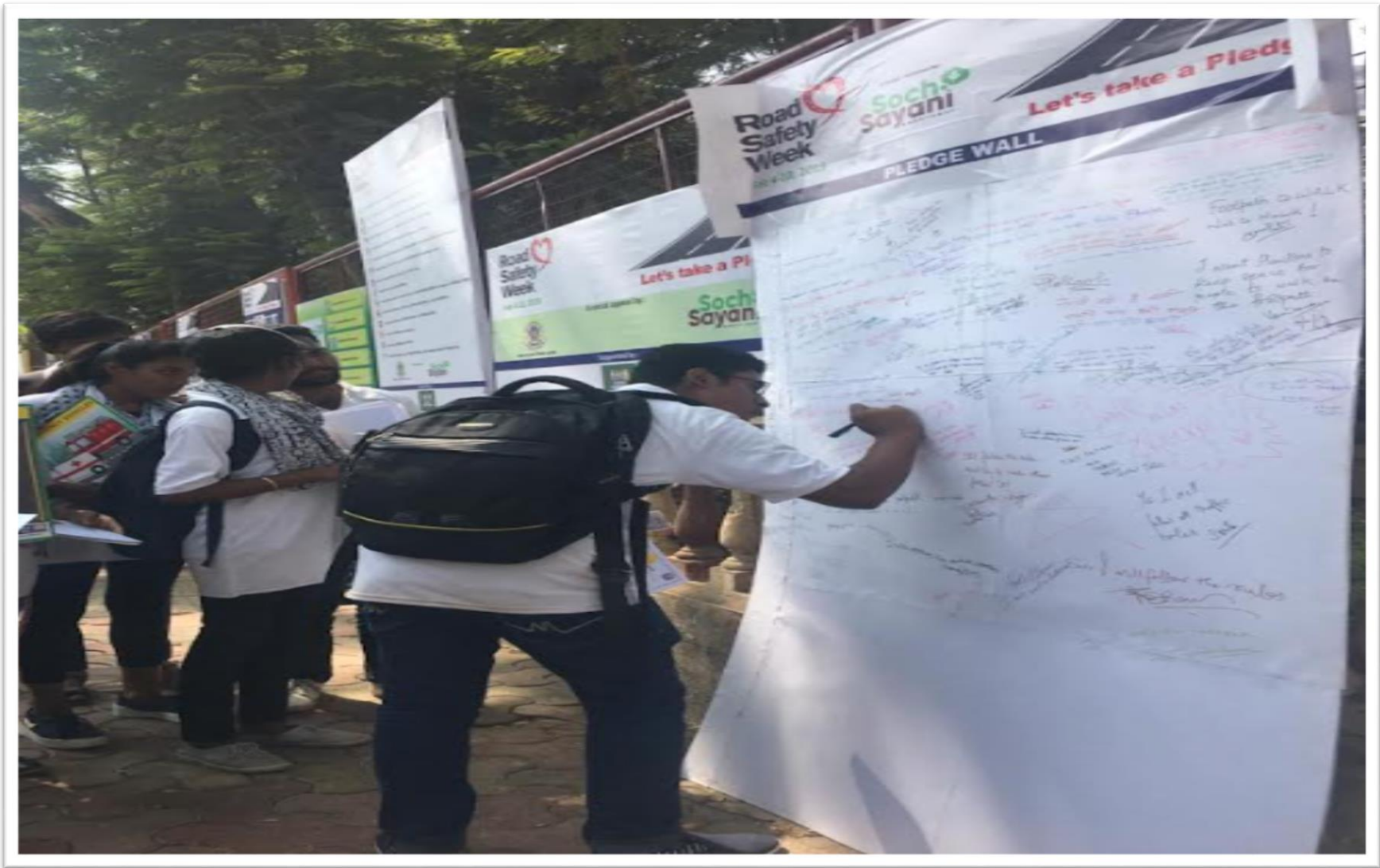
**Visit to Oldage Home - Citizen Welfare Society
14th February 2020**



**Visit to Orphanage home
25th August 2019**



**Session on Self Defence
21st September 2019**



**Initiatives for Road Safety Awareness
23rd September 2019**

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**Wall Painting at Belvadi
30th November to 6th December 2019**



**Share with care at Belvadi
30th November to 6th December 2019**

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**Bandara Making at Belvadi
30th November to 6th December 2019**



**Session on Blind Faith for Ashram School at Belvadi
30th November to 6th December 2019**



**Session for women associated with SHG
30th November to 6th December 2019**



**Cloth Bag On Exchange Of Plastic
10th January 2020**



**Children's Day Celebration
14th November 2019**



**Christmas Day Celebration
26th December 2019**





**Participation in Udaan Festival of University of Mumbai
10th February 2020**



**Survey undertaken to know the status of women
10th December 2019**



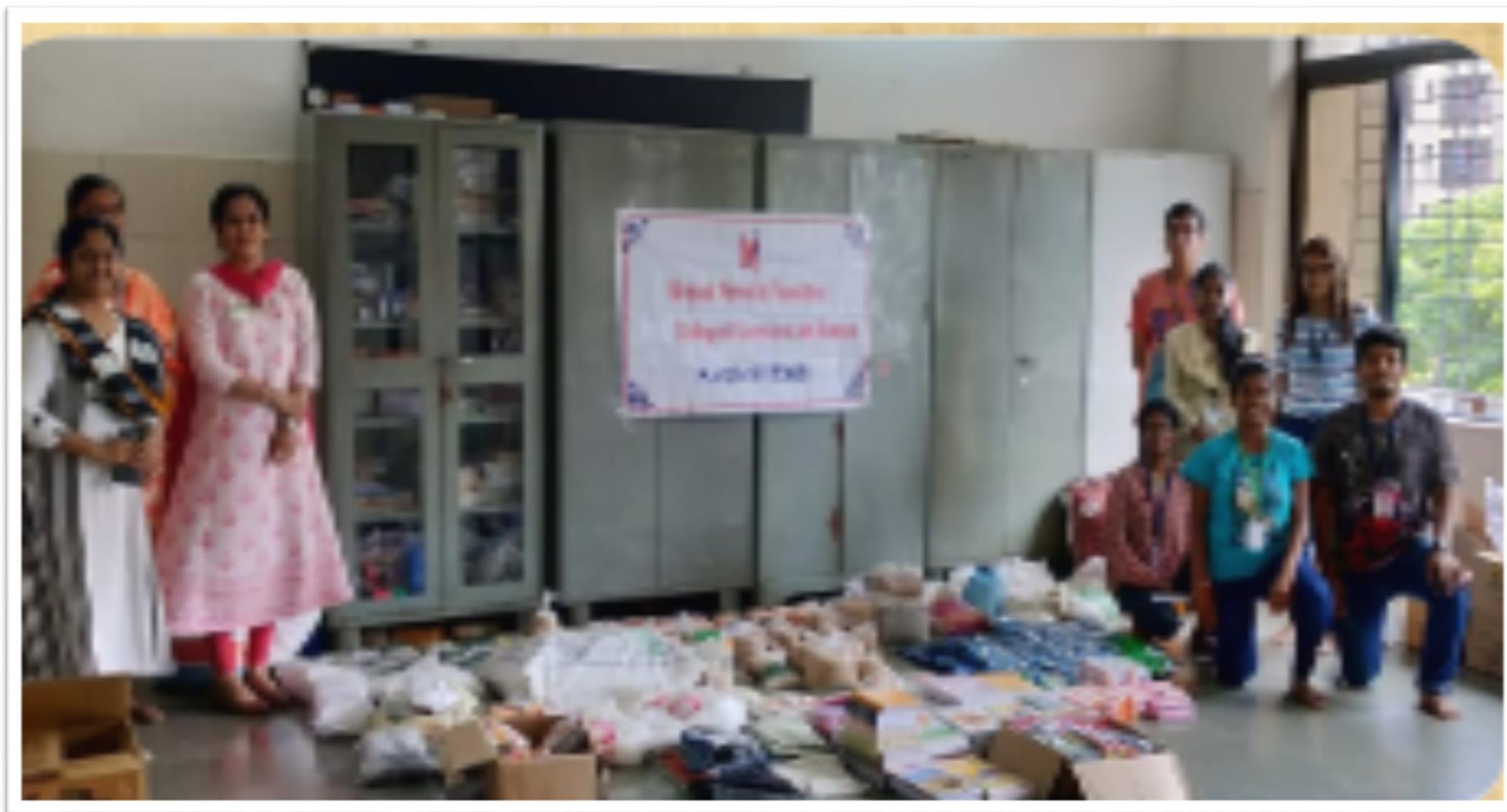
**Traffic Controlling during Ganpati Visarjan
3rd, 7th, 12th September 2019**





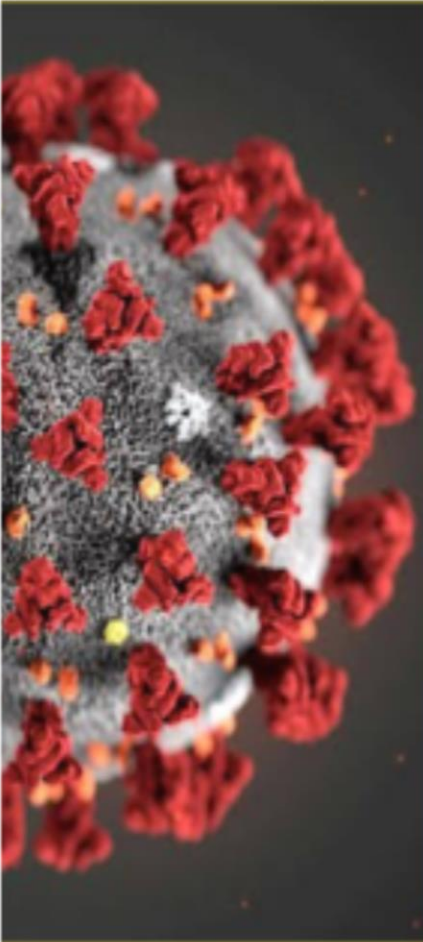
**Paper bag making and distribution
26th August 2019**



**Poster Making Competition
14th November 2019**



**Donation Drive for Kolhapur Relief
1st September 2019**



University of Mumbai
Women's Development Cell
in association with
Nirmala Memorial Foundation College of
Commerce and Science
organizes a Webinar
on
GENDER EQUITY AND COVID-19
Sub-theme: Women, Labour and the Informal Sector
Date- 14th May 2020
Time- 10 a.m. - 12 noon
Speaker- Vibhuti Patel
**Advanced Centre for Women's Studies, School of Development Studies,
TISS Mumbai**

To register, click on- <https://forms.gle/XpzjHgDf537JgEVE6>
E- certificates will be provided by the college

Susilde D Cunha Incharge, Principal	Vaishali Mishra Convener, WDC	Gita Chudha Chairperson, UWDC	Meher Bhoot Member Secretary, UWDC
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Webinar on Gender equality and COVID 19
14th May 2020



**Bone Marrow Registry Drive
13th February 2020**



**Plastic collection during college functions
14th January 2020**

Outreach Extension Activities 2020 - 21



**Ration for 1 month was provided to 10 families
24th September 2020**



**Blanket Donation to the street children
28th September 2020**



**Submitted plastic to Bisleri under “Bottles for Change” initiative
Regular activity**



**Volunteers involved in feeding stray dogs during COVID – 19
Everyday activity undertaken by Mr. Suyash (NSS Volunteer)**



**Coconut collection drive
8th October 2020**



**Food Distribution during COVID – 19
15th October 2020**



**Wall Painting at Kandivali
25th to 28th September 2020**



**Volunteers involved in teaching activity in collaboration with Seva Sahayog Foundation
Regular activity**

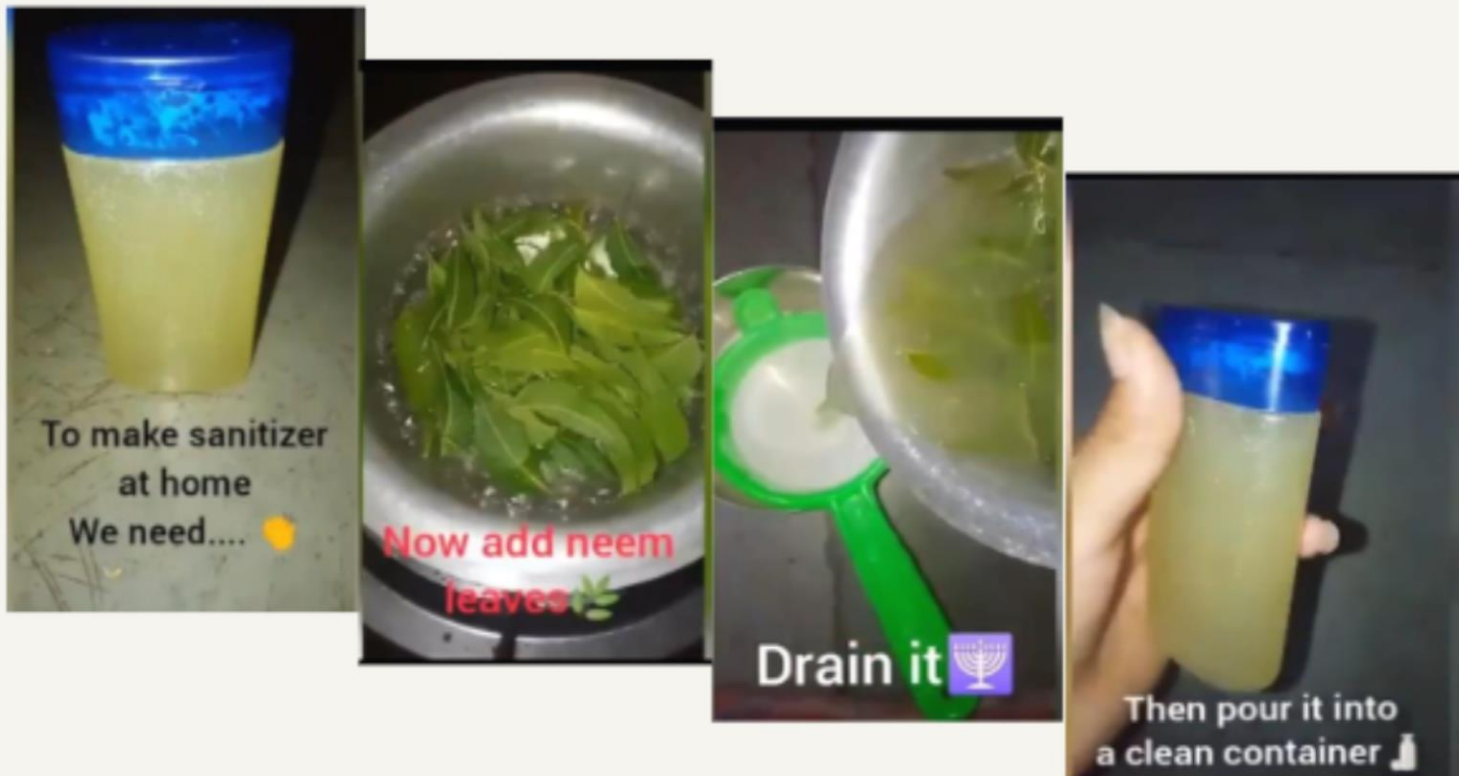


**Volunteers participating in various competitions
 26th November 2020**

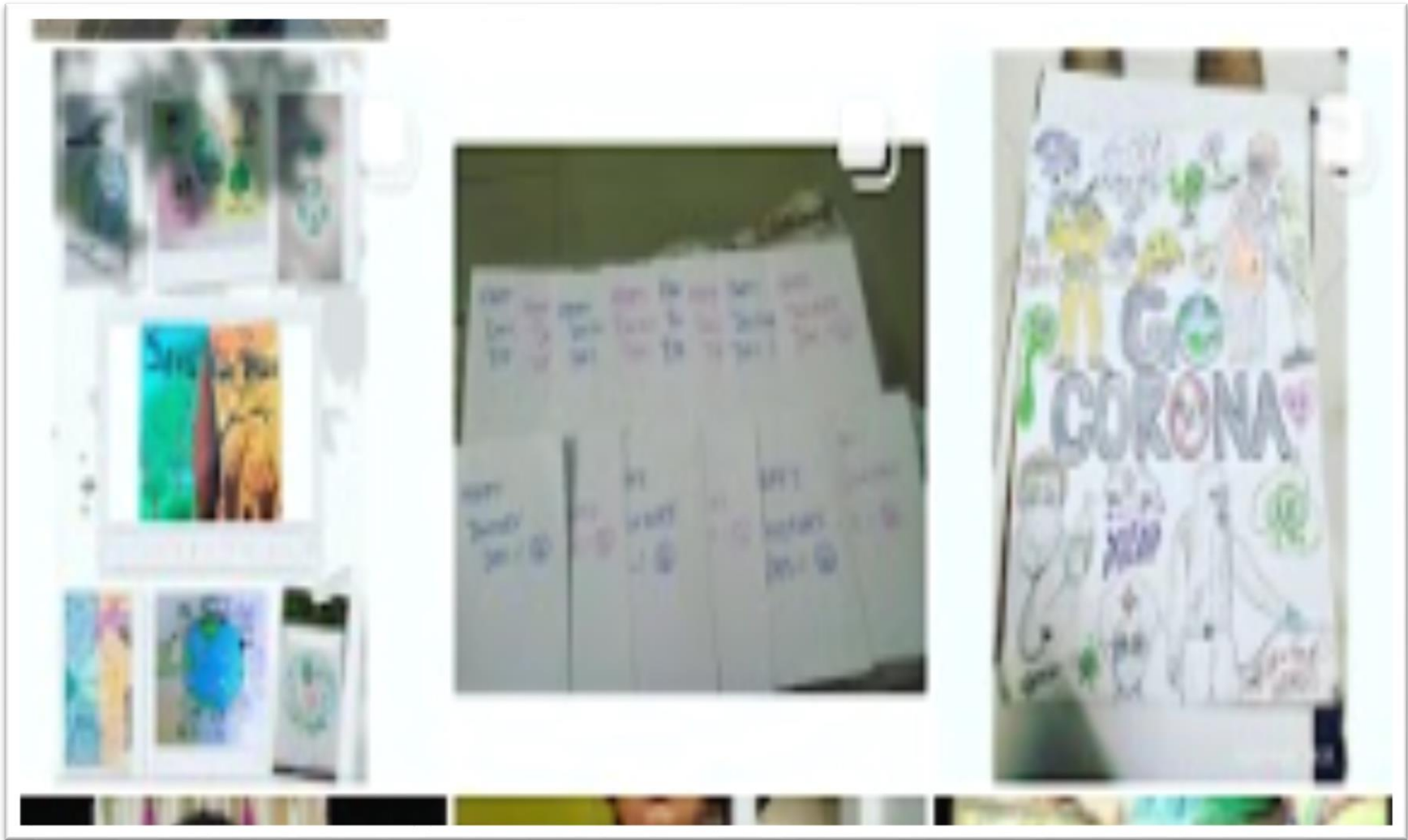


**Teaching at slum on daily basis at Poisar
Conducted on daily basis**

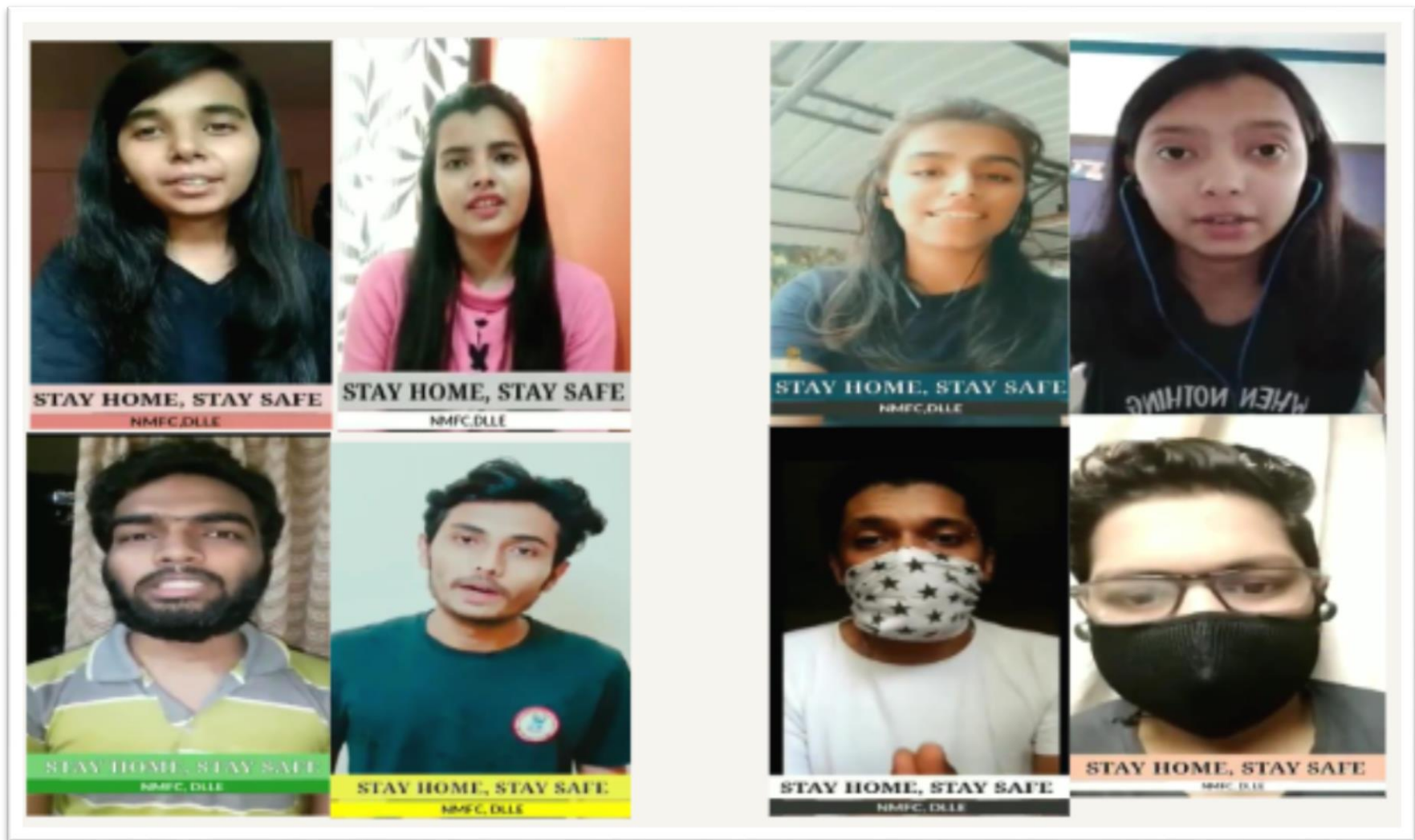
Sanitizer made by Neem , Kapoor , Alovera Gel.



**Videos were made about how to wash hands and making of sanitizer at home
1st June 2020**



**Videos were made about how to wash hands and making of sanitizer at home
25th November 2020**



**COVID - 19 Awareness Videos
15th June 2020**



EXHIBITION-CUM-SALE

- DLLE Volunteers had put stalls of handicrafts made by tribal women of Palghar, the products and the sales went above Rs.30,000.
- This boosted the business and confidence of tribal businesswomen.



**Exhibition cum sale for handicrafts made by Adivasi women
15th January 2021**

Outreach Extension Activities 2021 - 22



**Rakshabandhan Celebration with Police Force
12th August 2021**



**Share with care
18th June 2021**

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**Children's Day Celebration
21st November 2021**



**Blood Donation Camp
4th December 2021**



**Skit on Social Issues
15th January 2022**

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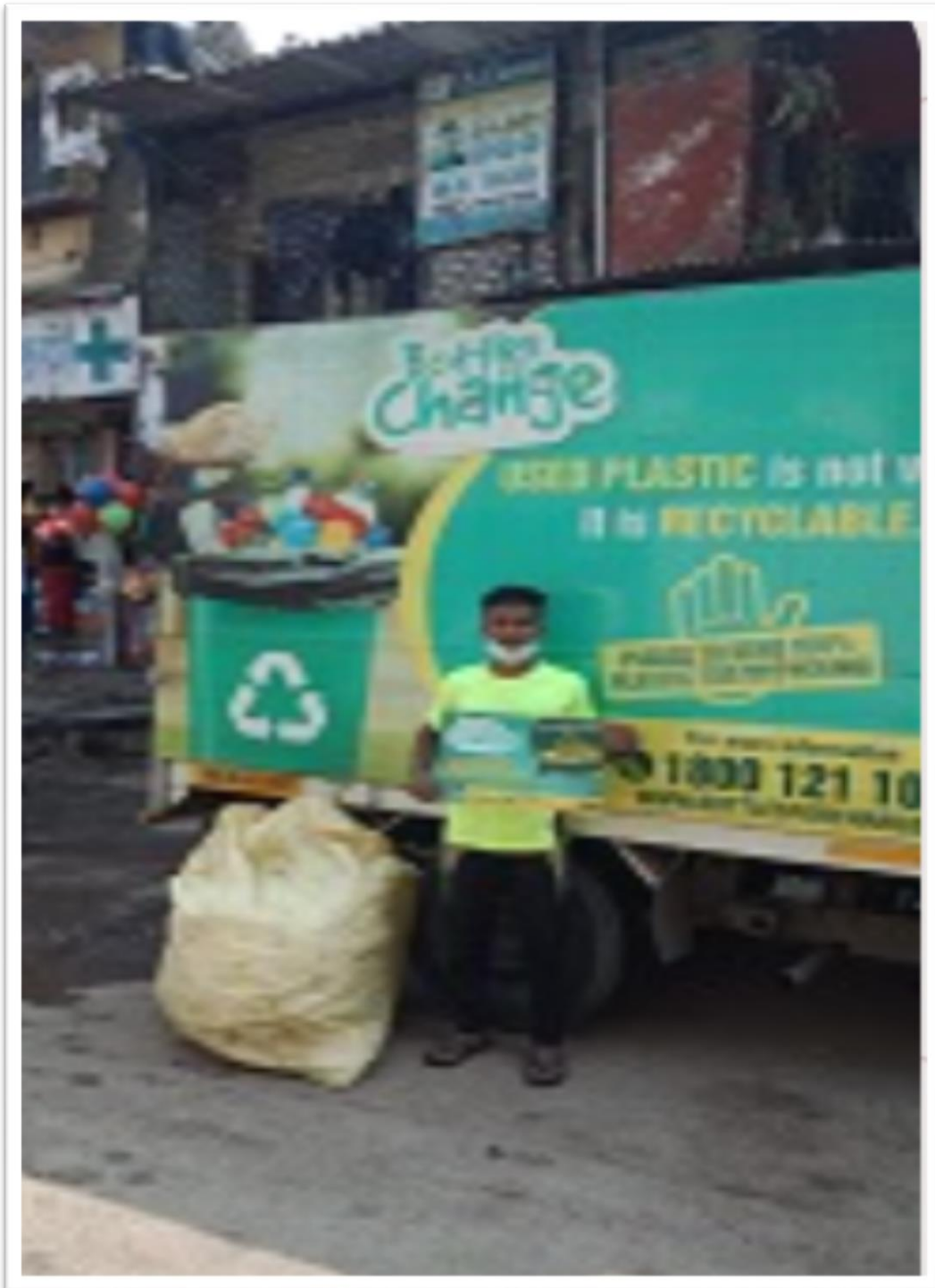
**Distribution of Sanitary Napkins
8th March 2022**



Feeding of Stray Dogs
Everyday activity undertaken by Mr. Suyash (NSS Volunteer)



**Visit to Nature Conservation Project
10th January 2022**



**Plastic collection and submitted for recycling
Regular activity**



**E - Waste Collection
Regular activity**



**Soak Pit Making at Belvadi
22nd to 28th February 2022**



**Marathi Bhasha Divas at Ashram School
22nd to 28th February 2022**



**Setting up of Library at Ashram School in Belvadi
22nd to 28th February 2022**



**Medical check up camp at Belvadi
22nd to 28th February 2022**



**Beach Cleaning
25th September 2021**



**Vaccination Drive - (03)
4th and 17th December 2021 and 13th January 2022**



**Making and Distribution of Paper bags
12th December 2021**

Outreach Extension Activities 2022 - 23



**Rakshabandhan Celebration
10th August 2022**



**Distribution of grocery to Aappapada
17th March 2023**



On 24th April, 2022
at Carter Road, Bandra



On 4th June 2022 at
Juhu Beach



On 17th September 2022 at Carter
Road, Bandra

**Beach Cleaning
4th June and 17th September 2022**



**Sapling Donation at Manori
5th June 2022**



**BLOOD BAGS
COLLECTED = 189**



NSS Volunteers of Nirmala Memorial Foundation College conducted a BLOOD DONATION CAMP in collaboration with LIONS CLUB on 22nd August, 2022.

**Blood Donation Camp
22nd August 2022**



**Placing Tree Guard at Usgaon
15th to 21st December 2022**



**Wall Painting for Ashram School at Usgaon
15th to 21st December 2022**



**Medical Check Up Camp at Saphale
26th February 2023**



**Skit Performance on Social issues in nearby vicinity
10th December 2022**



**Skit Performance at Udaan Festival
10th January 2023**





**Setting up of Toy Library
15th to 21st December 2022**



**Share with care Drive
30th November 2022**



**Rakhi Exhibition cum sale
5th July 2022**



**Exhibition by I am able NGO
6th August 2022**

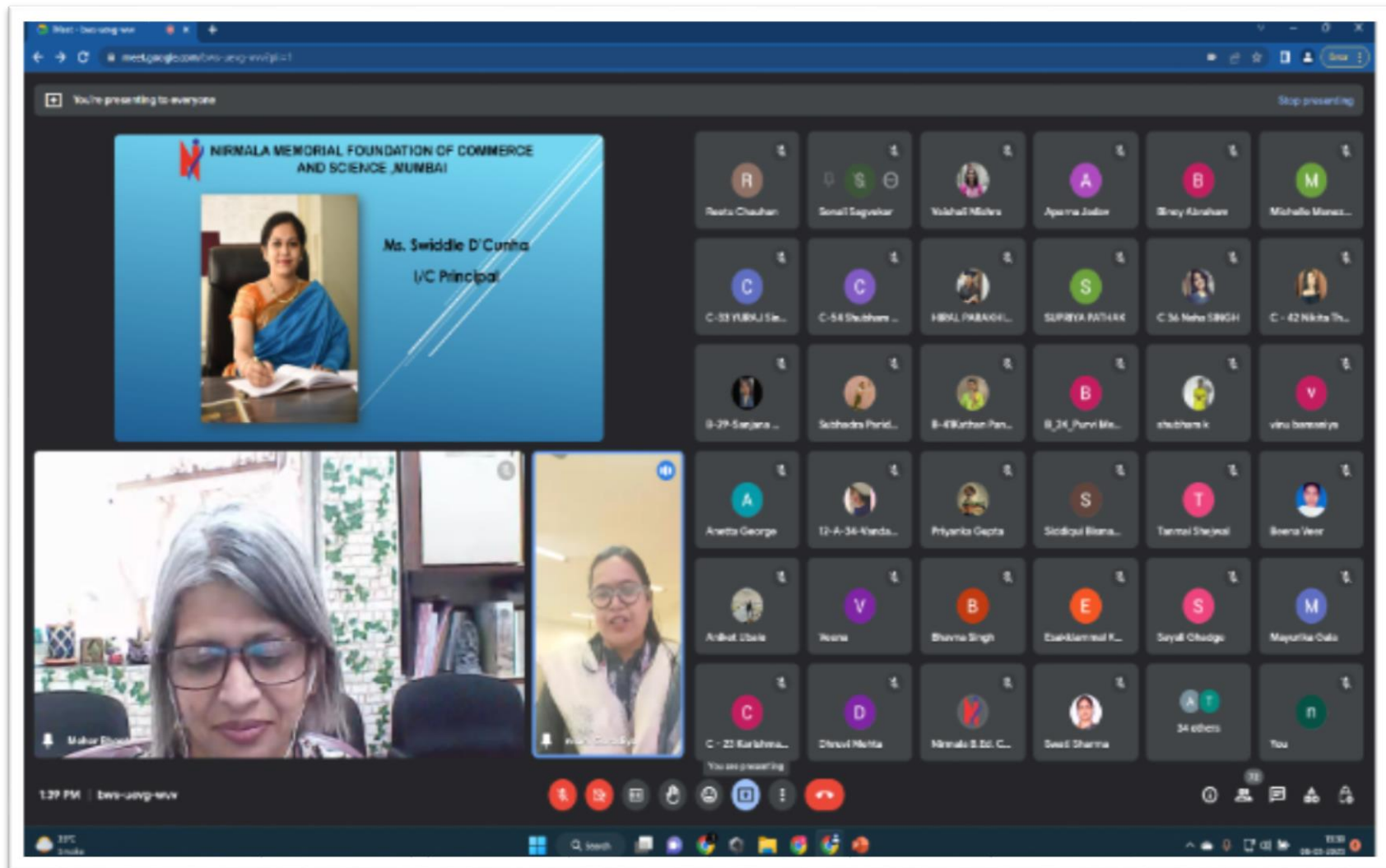
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**Stall for Diya Selling and Decoration
5th August 2022**



**Stalls during Sneha Milan
13th January 2023**



**National Level Gender Sensitivity Programme (Panel Discussion)
8th March 2023**



**Food stall by DLLE Students
30th January 2023**



**Plastic collection for Recycling
 Regular activity**



**Workshop on Kitchen Gardening in Collaboration with Innerwheel Club
6th April 2023**